

Preparation for Gita Pariksha for Kids (6-18 yrs) (10:00-10:55AM)

This course empowers a beginner, with the knowledge of Bhagavad Gita, to make them ready for the Gita Pariksha scheduled for July 25th. For the under 18 age group, the course will review Bhagavad Gita as follows:

- For elementary school age group: learn Gita chanting, for the 25 shlokas
- For middle and high school age group: go over the essence of Bhagavad Gita

Requirement/Prerequisites: None

Hanumān Chālisa & Nāma Rāmāyaṇam (5-18years) (10:00-10:55AM)

This is an engaging class designed to introduce students to the beautiful devotional prayer, *Hanumān Chālisa*, composed in the praise of Shri Hanuman ji. In addition, we will learn a Sanskrit hymn, considered to be the entire story of *Bhagwān Rāma* via *Nāma Rāmāyaṇam*. Led by a classically trained instructor, this workshop offers a unique opportunity to learn this revered text in a simple, accessible melody format.

Requirement/Prerequisites: None

Indian Classical singing for beginners (8-18 yrs) (10:00-10:55AM)

In this class, students will learn about the basics of Hindustani & Carnatic classical vocals and start a journey that will not only open up their vocal chords, but their confidence with singing and expressing. We will learn a few devotional tracks (bhajans) too.

Requirement/Prerequisites: None

Shiva Tandav Stotram (5-18 yrs) (10-10:55AM)

This is an engaging class designed to introduce students to the beautiful devotional prayer, *Shiva Tandav Stotram*, composed in the praise of MahaDev ji. Led by a classically trained instructor, this workshop offers a unique opportunity to learn this revered text in a simple, accessible melody format.

Requirement/Prerequisites: None

Preparation for Gita Pariksha (18+ yrs) (10-10:55AM)

This course empowers a beginner, with the knowledge of Bhagavad Gita, to make them ready for the Gita Pariksha scheduled for July 25th. The course will review Bhagavad Gita, chapter by chapter, with the essence of each.

Requirement/Prerequisites: None

NLP, Law of Attraction, and Vision Board Techniques (18+ years) (10:00-10:55AM)

Learn the art of affirmation writing, habit building, and understanding the programming of the subconscious and conscious mind through NLP. Discover how to learn new skills effortlessly using techniques like the 369 and 555 manifestation methods to achieve your life goals. Explore powerful tools such as mental movie techniques, vision boards, and effective goal-setting strategies.

Requirement/Prerequisites: None